

Joining Information Day Sailing & Courses (Coronavirus)

COVID-19 Restrictions

- *Within 48 hrs of the start of the training or voyage, a declaration for each participant, including the Skipper, to be Completed. <http://forms.islandcruisingclub.com/coronavirus-self-declaration-form>*
- *Number of people on board Island Spirit will be limited to 3 (Students/members) plus Skipper (4 in total) .*
- *Number of people below deck at any one time is restricted to 1 unless wearing Face Mask/covering, unless the Students/members are a family unit.*

1 Registration Forms

Please ensure that you complete the Registration form/s for all members of your party have been received one month prior to course.

1.2 Arrival/joining instructions

As a general rule we ask you to arrive in Salcombe in time to catch a launch out to Island Spirit at 0900 hrs from Batson Creek slipway, known as Town Slip (post code TQ8 8NJ). Our launch will take you out to where 'Island Spirit' is moored. Any wet weather clothing that you have pre ordered will be available onboard 'Island Spirit'. On arrival you will have a safety briefing and passage planning session with your skipper followed by a light supper.



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1.2.1 Returning to Salcombe

You will normally arrive in Salcombe sometime during the afternoon and be on shore by 1700hrs at Normandy pontoon (centre of Salcombe) or Town Slip, Batson.

1.3 Car parking

You can park in The Creek car park in Gould Rd – this is ideally situated for catching the launch from the Town Quay/Slip pontoon (TQ8 8NJ) but is expensive.

There is a Park and Ride carpark which is more cost effective and this is run by Salcombe Town Councils :- <http://salcombetowncouncil.gov.uk/car-park-terms-conditions/>

The Salcombe TIC gives some information on parking. <https://www.salcombeinformation.co.uk/advertiser/car-parking-in-salcombe-and-surrounding-area/>

1.4 Medication

Please ensure that you bring all necessary medication with you.

1.5 Lifejackets

Our Lifejackets must be worn at all times whilst on board the yacht (including tender) and all club boats unless directed otherwise.

1.6 Cancellation & insurance

Holiday cancellation and travel insurance is NOT included in the cost of your course/sailing. Personal effects are only covered to the value of £199. We strongly advise that you take out your own holiday & travel insurance.

1.7 Log books & Certificates

Please bring your RYA Logbook with you.

RYA logbooks are available to purchase from the RYA or Amazon

1.7.1 Pre course reading

The RYA publish excellent books for their courses. These provide a sound basis for what you will be taught on the course. The books are on board 'Island Spirit' but some clients have found it beneficial to study them prior to the course.

1.8 Safety at sea

You will be given a full safety briefing by your skipper soon after arrival. The briefing will cover all aspects of safety and the use of facilities on board.

A safety harness and lifejacket is provided for each crew member.

The yacht has a current MCA safety certificate.

1.9 Health & Fitness

Sailing can be relatively strenuous. It is essential that you advise us of any medical conditions such as physical disability, asthma, epilepsy, diabetes, heart/lung conditions. We must also be advised of any medication you are taking. All such information will be treated with the strictest confidence and your yacht skipper will be made aware for your safety.

1.10 Meals

Your Lunch will be taken on board the yacht and the cost of food for these is included in the price of your course.

1.11 You need to bring:-

1.11.1 Full waterproofs

These must be strong enough to stand up to cruising conditions. You will need a jacket with a hood and a pair of trousers (both waterproof as opposed to showerproof)

Please note: sailing waterproofs are available for hire from the ICC.

1.11.2 Clothing & Footwear

Remember it is colder at sea than on land and it can be very cold on night watch even in high summer.

Non slip shoes and Wellington type sea boots (not black soled) are essential.

Deck shoes with gripping soles (not black rubber) are very useful

Warm socks

Jersey/fleece

Sun hat

Warm hat

Sunglasses

Polo mints/boiled sweets/chocolate

A book!

1.11.3 Sunscreen

Protection from the sun is essential. The sun is very strong at sea and can attack from both the sky and reflection from the water.

1.11.4 Seasickness tablets

If you think you may suffer from seasickness it is worth visiting your chemist for advice as there are a range of specialist products available.

1.12 Emergency Contact

It is essential that you complete and submit your Registration Form before arrival.

Please ensure that your relatives have our emergency contact details.

1.13 Certificates.

Course certificates for Day Skipper and Coastal Skipper need a pasport type photo so that the club can issue it to student.

Please supply your photo and stamp self addressed envelope to your skipper/instructor.

Contacts

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